

## **KAPI'OLANI MEDICAL CENTER FOR WOMEN'S & CHILDREN**

### **Monday, January 13**

**Breakfast:** Tater Tots, Belgian Waffle, Pork Link Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Bacon, Egg, and Cheese Croissant

**Chef's Healthy & Hearty Soup:** Egg Drop, Chicken Minestrone

**Lunch Salad Special:** Avocado Chicken Salad

**Lunch Sandwich Special:** Patty Melt

**Chef's Daily Lunch Bar:** Pizza Station

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**Lunch & Dinner Special:** Pastelle Stew, Chicken Adobo

Scalloped Potatoes, Roasted Vegetable Medley

**Vegetarian Special:** Baked Penne with Roasted Vegetables and a Garlic Cream

### **Tuesday, January 14**

**Breakfast:** Banana Pancakes, Country Potatoes, Portuguese Sausage, Bacon, Loco Moco

**Breakfast Special:** Bacon, Egg, and Cheese Sandwich

**Chef's Healthy & Hearty Soup:** Tuscan White Bean, Ginger Chicken Rice

**Lunch Salad Special:** Grilled Salmon and Watercress

**Lunch Sandwich Special:** Cuban Panini

**Chef's Daily Lunch Bar:** Pizza Station

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**Lunch & Dinner Special:** Beef Broccoli, Chicken Marsala

Garlic Roasted Red Potatoes, Vegetable Medley

**Vegetarian Special:** Vegetable Stir Fry with Garlic Black Bean Sauce

### **Wednesday, January 15**

**Breakfast:** Fried Rice, Pork Sausage Patty, Bacon, Corned Beef Hash

**Breakfast Special:** Belgian Waffle Wednesday with Strawberry Compote and Whipped Cream

**Chef's Healthy & Hearty Soup:** Cream of Broccoli with Cheddar, Chicken Gumbo

**Lunch Salad Special:** Somen Salad

**Lunch Sandwich Special:** Turkey Avocado Wrap

**Chef's Daily Lunch Bar:** Pizza Station

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**Lunch & Dinner Special:** Meat Loaf with Natural Gravy, Sweet and Sour Chicken

Mashed Potatoes, Garden Vegetable with Broccoli and Cauliflower

**Vegetarian Special:** Eggplant Parmesan

## Thursday, January 16

**Breakfast:** Tater Tots, French Toast, Grilled Ham, Bacon, Loco Moco

**Breakfast Special:** Breakfast Burrito

**Chef's Healthy & Hearty Soup:** Garden Vegetable, Bacon Corn Chowder

**Lunch Salad Special:** Red Curry Salad with Firecracker Shrimp

**Lunch Sandwich Special:** Falafel with Lettuce, tomato, and tzatziki

**Chef's Action Station:** Pizza Station

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**Lunch & Dinner Special:** Pork Adobo, Mushroom Chicken

Egg Noodle, Buttered Corn with Peppers

**Vegetarian Special:** Korean Stir Fry with Tofu

## Friday, January 17

**Breakfast:** Mochi Pancakes, Country Potatoes, Pork Link Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Eggs Florentine

**Chef's Healthy & Hearty Soup:** Mexican Clam, Steak and Potato

**Lunch Salad Special:** Buffalo Chicken Salad

**Lunch Sandwich Special:** Turkey Bacon Swiss Panini

**Chef's Daily Lunch Bar:** Pizza Station

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**Lunch & Dinner Special:** Braised Shoulder of Beef, Chicken Katsu

Garlic Linguine, Roasted Vegetable Medley

**Vegetarian Special:** Curried Tofu Stew

## Saturday, January 18

**Breakfast:** Fried Rice, French Toast, Portuguese Sausage, Bacon, Loco Moco

**Breakfast Special:** Sausage, Egg, and Cheese Muffin

**Chef's Healthy & Hearty Soup:** Tom Yum, Cream of Mushroom

**Lunch Sandwich Special:** Monte Cristo

**Lunch & Dinner Special:** Fire Roasted Loin of Pork, Apple Sauce, Huli-Huli Chicken

Garlic Roasted Red Potatoes, Green Bean Amandine

**Vegetarian Special:** Teriyaki Tofu and Broccoli

## Sunday, January 19

**Breakfast:** Tater Tots, Belgian Waffle, Pork Sausage Patty, Bacon, Corned Beef Hash

**Breakfast Special:** Bacon, Egg, and Cheese Croissant

**Chef's Healthy & Hearty Soup:** Chicken Rotini, Loaded Potato

**Lunch Sandwich Special:** Fried Shrimp Basket

**Lunch & Dinner Special:** Beef Curry, Chicken Piccata

Garlic Fried Rice, Vegetable Medley

**Vegetarian Special:** Portobello Mushroom Stroganoff