

# Public Advance Care Planning Classes

**HAWAII  
PACIFIC  
HEALTH** | KAPI'OLANI  
PALI MOMI  
STRAUB  
WILCOX

CREATING A HEALTHIER HAWAII

## Hawai'i Pacific Health is offering free online Advance Care Planning classes.

Register and attend with your family and friends to learn the importance of advance care planning.

### KEY AREAS OF DISCUSSION INCLUDE:

- Why it is important to have early conversations on your wishes with your loved ones.
- How to complete an advance directive, understanding the role of a health care power of attorney and choosing wisely.
- Reviewing the difference between an advance directive and Provider Orders for Life-Sustaining Treatment (POLST) document.
- Sharing the information with your loved ones and medical providers.



**PLEASE NOTE:** At this time, classes are only available via Zoom virtual classroom. Register with your email address and you will receive a Zoom link. Space is limited.



Scan QR code to register online

### VIRTUAL TRAINING DATES:

Online classes are available on the following dates and times:

- Wednesday, February 12, 5-6:30 p.m.
- Wednesday, April 16, 12:30-2 p.m.
- Thursday, June 19, 5-6:30 p.m.

Register today for this free event: [HawaiiPacificHealth.org/ACP-Registration](https://HawaiiPacificHealth.org/ACP-Registration).

If you have further questions, email Michelle Cantillo, RN, Advance Care Planning Coordinator, at [Michelle.Cantillo@HawaiiPacificHealth.org](mailto:Michelle.Cantillo@HawaiiPacificHealth.org) or call **808-643-HOPE** and select Option 2 to speak with a navigator to learn more about this class.

Visit [KokuaMau.org](https://KokuaMau.org) to obtain a copy of the Hawai'i Advance Health Care Directive prior to attending this class.