



## **KAPI'OLANI MEDICAL CENTER FOR WOMEN'S & CHILDREN**

### **Monday, November 18**

**Breakfast:** Mochi Pancake, Tater Tots, Pork Sausage Patty, Bacon, Loco Moco

**Breakfast Special:** Breakfast Burrito

**Chef's Healthy & Hearty Soup:** Vegetarian Lentil, Chicken Noodle

**Lunch Salad Special:** Roasted Vegetable Salad

**Lunch Sandwich Special:** Ham and Swiss Panini

**Chef's Daily Lunch Bar:** -

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**Lunch & Dinner special:** Beef Broccoli, Mushroom Chicken

Buttered Egg Noodle, Roasted Vegetable Medley

**Vegetarian Special:** Eggplant w/Garlic Sauce

### **Tuesday, November 19**

**Breakfast:** Fried Rice, French Toast, Portuguese Sausage, Bacon, Corned Beef Hash

**Breakfast Special:** Bacon, Egg and Cheese Biscuit

**Chef's Healthy & Hearty Soup:** Garden Vegetable, Cream of Mushroom

**Lunch Salad Special:** Chinese Chicken Salad

**Lunch Sandwich Special:** Korean BBQ Bao

**Chef's Daily Lunch Bar:** -

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**Lunch & Dinner special:** Pork Adobo, Huli Huli Chicken

House Fried Rice, Steamed Vegetable Medley w/ Broccoli, and Cauliflower

**Vegetarian Special:** Vegetable and Tofu Thai Curry

### **Wednesday, November 20**

**Breakfast:** Country Potatoes, Grilled Ham, Bacon, Loco Moco

**Breakfast Special:** Jumbo Belgian Waffle Wednesday with berry compote!

**Chef's Healthy & Hearty Soup:** Minestrone, Ginger Chicken Rice

**Lunch Salad Special:** Grilled Chicken, Israeli Cous Cous, Mushroom and mesclun Salad

**Lunch Sandwich Special:** Pepper Steak Sandwich

**Chef's Daily lunch Bar:** -

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**Lunch & Dinner special:** Hamburger Steak with Gravy, Chicken Curry

Mashed Potatoes, Roasted Garden Vegetable

**Vegetarian Special:** Three Bean and Vegetable Chili

### Thursday, November 21

**Breakfast:** Buttermilk Pancake, Tater Tots, Portuguese Sausage, Bacon, Corned Beef Hash  
**Breakfast Special:** Breakfast Sandwich

**Chef's Healthy & Hearty Soup:** Portuguese Bean, Scallop Soup  
**Lunch Salad Special:** Grilled Chicken with Mesclun, Strawberry, Cranberry, Feta and Walnut  
**Lunch Sandwich Special:** Kalua Pork & Black Bean Quesadilla  
**Chef's Action Station:** -  
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**Lunch & Dinner special:** Korean Pork Loin, Garlic Rosemary Chicken  
Cajun New Potatoes, Garden Vegetable Medley  
**Healthy Special:** Baked Teriyaki Tofu

### Friday, November 22

**Breakfast:** Fried Rice, French Toast, Pork Link Sausage, Bacon, Loco Moco  
**Breakfast Special:** Ham Mushroom Cheddar Omelet

**Chef's Healthy & Hearty Soup:** Cioppino, Cream of Potato and Leek  
**Lunch Salad Special:** Fried Shrimp and Watercress Salad with tomato, cucumber, and red onion  
**Lunch Sandwich Special:** Reuben  
**Chef's Daily Lunch Bar:** -  
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**Lunch & Dinner special:** Herb Roasted Strip Loin, Horseradish Cream, Garlic Shrimp  
Scalloped Potatoes, Roasted Vegetable Medley  
**Healthy Special** Vegan Chicken and Vegetable Stir Fry with Sweet Chili Sauce

### Saturday, November 23

**Breakfast:** Belgian Waffle, Country Potatoes, Sausage Patty, Bacon, Corned Beef Hash  
**Breakfast Special:** Bacon Egg and Cheese sandwich

**Chef's Healthy & Hearty Soup:** Tomato Basil Bisque, French Onion  
**Lunch Sandwich Special:** Kapi'olani CLUB Sandwich  
**Lunch & Dinner special:** Pork Adobo, Mochiko Chicken  
Roasted Red Potatoes, Steamed Green Beans  
**Healthy Special:** Korean Stir Fry with Tofu

### Sunday, November 24

**Breakfast:** Blueberry Pancakes, Country Potatoes, Portuguese Sausage, Bacon, Loco Moco  
**Breakfast Special:** Tomato and Spinach Omelet

**Chef's Healthy & Hearty Soup:** Cream of Broccoli and Cheddar, Chicken Noodle  
**Lunch Sandwich Special:** Chicken Strip Basket  
**Lunch & Dinner special:** Beef Stew, Baked Chicken, Mushroom Gravy  
Mashed Potatoes, Steamed Vegetable Medley  
**Healthy Special:** Garden Vegetable Penne with a Pesto cream