



KAPI'OLANI MEDICAL CENTER FOR WOMEN'S & CHILDREN

Monday, July 22

Breakfast: French Toast, Fried Rice, Grilled Ham, Bacon, Loco Moco

Breakfast Special: Biscuit with Gravy

Chef's Healthy & Hearty Soup: Tuscan White Bean, Chicken Tortilla

Lunch Salad Special: Shrimp Louie Salad

Lunch Sandwich Special: Chicken & Black Bean Quesadilla

Chef's Daily Lunch Bar: -

Lunch & Dinner Aloha Meal: Beef Ragout with Mushroom, Teriyaki Chicken
Mashed Potatoes, Sautéed Vegetable Medley

Vegetarian: Penne Prima Vera

Tuesday, July 23

Breakfast: Tater Tots, Mochi Pancake, Pork Link Sausage, Bacon, Corned Beef Hash

Breakfast Special: Breakfast Burrito

Chef's Healthy & Hearty Soup: Egg Drop, Portuguese Bean

Lunch Salad Special: Blackened Chicken Caesar

Lunch Sandwich Special: Grilled Vegetable Provencal Panini

Chef's Daily Lunch Bar: -

Lunch & Dinner Aloha Meal: Roast Pork, Natural Gravy, Chicken Cacciatore
Garlic Spaghetti, Buttered Broccoli

Vegetarian: Vegetable and Tofu Stir Fry w/Japanese Sauce

Wednesday, July 24

Breakfast: Country Potatoes, Portuguese Sausage, Bacon, Loco Moco

Breakfast Special: Jumbo Belgian Waffle Wednesday!!! With Strawberry compote

Chef's Healthy & Hearty Soup: Cream of Watercress, Crab Jambalaya

Lunch Salad Special: Buffalo Chicken Salad

Lunch Sandwich Special: French Dip

Chef's Daily Lunch Bar: Pizza

Lunch & Dinner Aloha Meal: Beef Broccoli, Baked Barbecue Chicken
House Fried Rice, Buttered Corn with Peppers

Vegetarian: Roasted Cauliflower and Chickpea Stew

Thursday, July 25

Breakfast: Mochi Pancake, Fried Rice, Pork Sausage Patty, Bacon, Corned Beef Hash
Breakfast Special: Eggs Florentine

Chef's Healthy & Hearty Soup: Tomato Basil Bisque, Beef Vegetable
Lunch Salad Special: Grilled Portobella Mushroom Salad
Lunch Sandwich Special: Turkey Bacon Swiss Panini
Chef's Action Station: -
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Lunch & Dinner Aloha Meal: Pork Adobo, Chicken Piccata, Lemon Caper Sauce
Garlic Linguine, Roasted Vegetable Medley
Vegetarian: Green Bean, Almond, and Potato Curry

Friday, July 26

Breakfast: Tater Tots, Belgian Waffle, Grilled Ham, Bacon, Loco Moco
Breakfast Special: Cinnamon Rolls

Chef's Healthy & Hearty Soup: Red Pepper Basil, Chicken Ginger Rice
Lunch Salad Special: Red Curry Salad w/Firecracker Shrimp
Lunch Sandwich Special: Chicken Parmesan Sandwich
Chef's Action Station: -
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Lunch & Dinner Aloha Meal: Beef Stew, Baked Chicken, Mushroom Gravy
Mashed Potatoes, Green Bean Amandine
Vegetarian: Vegetarian Lasagna

Saturday, July 27

Breakfast: Country potatoes, Banana Pancakes, Pork Link Sausage, Bacon, Corned Beef Hash
Breakfast Special: Fried Rice Omelet

Chef's Healthy & Hearty Soup: Chunky Vegetable with Orzo, French Onion
Lunch Sandwich Special: Chili Dog
Lunch & Dinner Aloha Meal: Roast Loin of Pork with a Sweet Onion Soubise, Teriyaki Chicken
Scalloped Potatoes, Sautéed Vegetable Medley
Vegetarian: Eggplant and Vegan Chicken Adobo

Sunday, July 28

Breakfast: French Toast, Fried Rice, Portuguese Sausage, Bacon, Loco Moco
Breakfast Special: Breakfast Sandwich

Chef's Healthy & Hearty Soup: Chicken Rotini, Potato Cheddar
Lunch Sandwich Special: Patty Melt
Lunch & Dinner Aloha Meal: Beef Stroganoff, Chicken a la King
Egg Noodle, Roasted Garlic Vegetables
Vegetarian: Baked Teriyaki Tofu