

# Dining Room Menu

HAWAII  
PACIFIC  
HEALTH

WILCOX  
MEDICAL CENTER



CREATING A HEALTHIER HAWAII

July 21, 2024

through

July 27, 2024

	Breakfast	Prices (\$)	Lunch & Dinner	Prices (\$)	
Sunday, 21	Papaya w/Lemon	2.15	Clam Chowder Soup	3.50	
	Biscuit w/Gravy	2.25	Beef Stew	5.35-8.25	
			Baked Wing Dings	5.25-9.50	
	Hot Cereal Du Jour	2.05	Fried Saimin	5.35-8.25	
	Asstd. Breakfast Meats	1.35-2.05	Pork LauLau	7.50	
		Vegetable du Jour	2.50		
Monday, 22	Papaya w/Lemon	2.15	Broccoli Cheese w/ Florets Soup (V/GF)	3.50	<b>CAFÉ SPECIAL</b>  <b><u>PORK ADOBO PLATE -- \$12</u></b> <b>(Contains: Pork Adobo, Stir Fry Chop Suey Mix &amp; Garlic Fried Rice)</b>
	Port Sausage, Green Onion Scramble	2.95	Hot Taco Salad w/ Refried Beans OR Chicken	9.50	
	Scrambled Eggs	1.95	Vegetarian Chili Served with Corn Bread	6.50	
	Asstd. Breakfast Meats	1.35-2.05	Vegetable du Jour	2.50	
	Hot Cereal Du Jour	2.05	Panko Fresh Catch with Papaya Seed Glaze	6.75	
		Pork LauLau	7.50		
Tuesday, 23	Papaya w/Lemon	2.15	Boston Clam Chowder	3.50	<b>CAFÉ SPECIAL</b>  <b>Sweet &amp; Sour Spareribs -- \$7.95</b>  <b>Shrimp Tempura -- \$1.75</b>
	Biscuit w/Gravy	2.25	Chicken Parmesan	5.65	
	Ham, Tomato, Scallion & Cheese Omelet	3.65	Pork LauLau	7.50	
	Hot Cereal Du Jour	2.05	Broccoli, Peas, Red Pepper, Zucchini & Tomato Pasta (V/GF)	4.50	
	Asstd. Breakfast Meats	1.35-2.05	Garlic Bread	0.79	
		Vegetable du Jour	2.50		
Wednesday, 24	Papaya w/Lemon	2.15	Miki Soup	3.50	<b>CAFÉ SPECIAL</b>  <b>Fish &amp; Chips -- \$9.00</b>
	Scrambled Eggs	1.95	Tofu Hekka (V/W/GF)	5.35-8.25	
	Mexi Style Scramble	2.95	Beef Mac Casserole	6.95	
	Asstd. Breakfast Meats	1.35-2.05	Pork LauLau	7.50	
			Vegetable du Jour	2.50	
Thursday, 25	Papaya w/Lemon	2.15	Jook Soup	3.50	<b>CAFÉ SPECIAL</b>  <b>Chinese Chicken Salad -- \$9.95</b>  <b>Assorted Pizza -- \$7.95</b>
	Eggs Benedict	3.35	Pork w/ Pumpkin & Bittermelon	8.25	
	Hot Cereal Du Jour	2.05	Spinach Casserole (V/GF)	5.95	
	Asstd. Breakfast Meats	1.35-2.05	Vegetable du Jour	2.50	
Friday, 26	Papaya w/Lemon	2.15	Mung Bean Soup	3.50	<b>CAFÉ SPECIAL</b>  <b><u>Kalbi Short Ribs Plate -- \$15</u></b> <b>(Contains: 2 Pcs Short Ribs, Beansprout Salad, Cucumber Namasu, Kimchee, Sweet Corn, Steamed Rice)</b>
	Scrambled Eggs	1.95	Spaghetti w/ Meat & Meatless Sauce (V/W/GF noodle avail)	5.35-8.25	
	Veggie Scrambler	2.95	Roasted Guava Chicken	6.35	
	Hot Cereal Du Jour	2.15	Garlic Bread	0.79	
	Asstd. Breakfast Meats	1.35-2.05	Vegetable du Jour	2.50	
Saturday, 27	Hot Cereal Du Jour	2.15	Portuguese Bean Soup	3.50	
	Asstd. Breakfast Meats	1.35-2.05	Pork LauLau	7.50	
	Scrambled Eggs	1.95	Chicken Papaya	7.50	
	Veggie Scrambler	2.95	Tofu w/ Veg Stir Fry	5.35-8.25	

LF-Low Fat V-Vegetarian VE-Vegan W-Wellness GF-Gluten Free I

MENU ITEMS MAY BE SUBJECT TO CHANGE

Our Daily Menu is also available on our "Menu Hotline". If you're calling from an outside line please call the hospital operator at 245-1100 and ask for the menu hotline. If you're calling from a hospital extension dial 63003.

Hours of Operation: 6:30am - 4:30pm Daily; Self-Checkout Kiosks Open 24 Hours