

Public Advance Care Planning Classes

**HAWAII
PACIFIC
HEALTH** | KAPI'OLANI
PALI MOMI
STRAUB
WILCOX

CREATING A HEALTHIER HAWAII

Hawai'i Pacific Health is offering free online Advance Care Planning classes.

Register and attend with your family and friends to learn the importance of advance care planning.

KEY AREAS OF DISCUSSION INCLUDE:

- Why it is important to have early conversations on your wishes with your loved ones.
- How to complete an advance directive, understanding the role of a health care power of attorney and choosing wisely.
- Reviewing the difference between an advance directive and Provider Orders for Life-Sustaining Treatment (POLST) document.
- Sharing the information with your loved ones and medical providers.



PLEASE NOTE: At this time, classes are only available via Zoom virtual classroom. Register with your email address and you will receive a Zoom link. Space is limited.



Scan QR code to register online

VIRTUAL TRAINING DATES:

Online classes are available on the following dates and times:

- Tuesday, August 20, 12:30-2 p.m.
- Wednesday, October 2, 5:30-7 p.m.
- Thursday, December 5, 12:30-2 p.m.

Register today for this free event: HawaiiPacificHealth.org/ACP-Registration.

If you have further questions, email Michelle Cantillo, RN, Advance Care Planning Coordinator, at Michelle.Cantillo@HawaiiPacificHealth.org or call **808-643-HOPE** and select Option 2 to speak with a navigator to learn more about this class.

Visit KokuaMau.org to obtain a copy of the Hawai'i Advance Health Care Directive prior to attending this class.